



# 2022-2023 Season

August 2022

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## Overview

The OCVL is a not-for-profit competitive league, run by volunteers, that has been operating in the Ottawa area under different affiliations since the 1950's.

We are mainly an adult league, although club teams under the age of 18 are permitted with coach representation. There are currently two divisions in the league – Men's and Women's that run from September to April. The Men's division plays on Monday nights, the Women's division on Tuesday nights.

A Qualifying / Ranking tournament is held in mid-late September for proper seeding of teams, if required.

The OCVL season is played over a 22 week schedule run from mid-September to April and is based on a tiered ladder system within a 2 week cycle.

Playoffs involving all teams are held at the end of the season, with playoff seedings based on average individual team rankings over the last 12 weeks of the season.

## Return to Play

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Our return to play protocols are based on the current Ontario statutes and regulations as well as current Public Health requirements enabling a safe return to sport.

These Protocols may be updated at any time. Please be sure that you are referring to the most recent Version which will be posted from time to time on the OCVL's website [www.ocvl.ca](http://www.ocvl.ca). Current health protocols:

- Please do not attend any volleyball games if you are sick.
- Before attending any games, conduct a [self-assessment](#) if you have any symptoms AND follow the [self-isolation](#) instructions according to Ottawa Public Health if you are sick.
- Our facilities do not have any specific entry requirements at this time.
- These rules may change at any time.



## Volleyball

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### Rules

- Canadian Volleyball Association rules are to be followed for all games in this league.
- The OCVL uses Ontario Volleyball Association (OVA) officials for every match.
- Each tier will consist of **4 teams**.
- Teams will play a **best of 5 game** with a winner every night, except in a possible 3-team tier.
- Sets to 25 with the 5<sup>th</sup> set to 15, must win by 2, unless there is a time cap.
- Plenty of time has been allocated to each gym, but occasionally time runs out. There are two time caps in force:
  - For the 1st match, the time cap is when the 2nd match begins (ie. 9:10pm match)
  - For the 2nd match, the time cap is when the gym closes (ie. 11pm)
  - The official will announce the possibility of a time cap at least 5 minutes before the time cap. Time-outs are not permitted once a time cap is indicated. When the time cap is reached, play will continue until the end of the point in play. The team in the lead at the end of that point is declared the winner. Should teams be tied at the end of that point, one more point is played to determine the winner.
  - 4 Set Night Tie-breaker is where only 4 sets are played, and each team has won 2 sets, the winner is determined by:
    1. Greatest difference between points scored and points against for the 4 sets.  
This will only be done when 4 sets are played, including if the 4th set ended with a time cap.
    2. If still tied, the winner is the winner of 2 of the first 3 sets played.
- We will use the **OCVL Ladder System** within a 2-week cycle. After week 1, teams will move up, down or stay, within the tier, based on their win/loss. On week 2, teams will move up or down within the tier or to a different tier depending on their win/loss results.
  - Week 1 – teams 1 vs 2 play, teams 3 vs 4 play. Results for the following week are as follows:
    - Team 1 - winning team of team 1 vs 2
    - Team 2 – winning team of team 3 vs 4
    - Team 3 – losing team of team 1 vs 2
    - Team 4 – losing team of team 3 vs 4
  - Week 2 – games are played 1 vs 2 and 3 vs 4. The results for the following week are as follows:
    - Winning team of 1 vs 2 goes up a tier to Team 4 in the division above (except in tier 1, they will remain as Team 1)
    - Losing team of 1 vs 2 will become Team 3 in that tier
    - Winning team of 3 vs 4 will become Team 2 in that tier



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- Losing team of 3 vs 4 will become Team 1 in the tier below (except in the bottom tier, they will remain as Team 4)
- **Minimum 5 players** on the court, must always have 3 players in the front row. Four or less players will result in a loss by default.
  - A **set default** occurs when a team does not have enough players “ready to play” at the scheduled start time of the match.
  - Subsequent set defaults occur every 10 minutes after that (ie. 7pm game = 1st set default at 7pm, 7:10pm = 2nd set default, 7:20pm = 3rd set default).
- An official **game ball** is required for all games and is to be provided by the team players. The official Volleyball Canada ball is the Mikasa (yellow & blue ball). If both teams agree, any other official game ball is permitted.
- **ALL players must be registered online** with waivers completed, before playing a match. This includes spare players. Waivers will not be provided at the gymnasiums.
- **Spares are permitted** as follows:
  - A player from another team can be borrowed.
  - A player in the same facility may play both the early and late game.
  - Players registered as spares in the OCVL database.
  - Spares are not permitted in the qualifying / ranking tournaments or the playoffs.
  - Every player **must be added to the online attendance** for tracking. Be sure to get the player’s name.
- A player must be on the team roster and have 10 regular season matches to be eligible for the playoffs.
- **Matching jerseys** are required by Monday, October 10, 2022.
  - Jerseys must be numbered 1-99. The number must be placed on the jersey in the centre of the front and of the back. The number must be a minimum of 10 cm in height on the front and a minimum of 15 cm in height on the back.
  - Jerseys/uniforms from prior years that do not comply with the uniform guidelines will be grandfathered.
  - A libero jersey must have a different dominant colour and clearly contrast with the rest of the team.
  - Spare players are not required to wear a matching jersey, but are required to wear a numbered jersey.

## Playoffs

- All teams will play in the playoffs.
- Playoff seeding is based on the average individual team ranking over the last 12 weeks of the season.
- A player must play 10 regular season matches to qualify for playoffs.
- Spares are not permitted to be used in playoffs.
- Playoffs will be hosted on the league night played, unless otherwise indicated.



## Player Registration

- All players, coaches, team managers, team owners, referees and spares **must register online** as a league member.
- **Please** do not create a duplicate record in the database if you have forgotten your logon credentials. Email the webmaster ([webmaster@ocvl.ca](mailto:webmaster@ocvl.ca)).
- Please **update all contact info** – names, address, phone number and email address.
- All 3 **waivers** must be completed online in order to play in the league: Player Waiver, Concussion Waiver, COVID-19 Waiver.
- For **players under 18**, the following 4 waivers must be printed and completed by a parent or guardian and emailed to the Executive Director, 48 hours or more prior to games starting – [maryh.ocvl@gmail.com](mailto:maryh.ocvl@gmail.com).
  - Player Waiver
  - Concussion Waiver
  - Concussion Code of Conduct & Acknowledgment form for Athletes and Parents/Guardians (for athletes under 18 years of age)
  - COVID-19 Waiver

## Team Registration

- Registration will be open August 15, 2022 until September 2, 2022.
- The OCVL does not create teams and/or place individuals on a team. Creation of teams are the responsibility of a team captain/coach.
- **Captains/Coaches** are responsible for registering a team, paying the **league fees** through PayPal and assigning players to their roster.
- **Priority** will be given to returning teams (minimum 5 returning players).
- If we have **more teams than gym space**, we will apply the following rules in order:
  1. Returning teams from the 2021-2022 and 2019-2020 will automatically be included in the season. The OCVL Executive will seed the teams using team results and player level data from previous seasons.
  2. If there are more returning teams than gym space, they will be randomly drawn.
  3. Remaining space will be used for new teams.
  4. New teams will be required to play in a qualifying / ranking tournament, unless otherwise indicated.
- A qualifying / ranking tournament will be run for new teams at Cite Collegiale beginning at 9am:
  - Men's division - Sept 10, 2022
  - Women's division – Sept 11, 2022



## League Fees

- League fees are **\$2306 + \$150** bond (for new teams) + HST.
- **Any Returning Teams** from the 2019-2020 season that did not play in the 2021-2022 season, may still have a \$225 COVID rebate from the 2019-2020 season, provided a refund was not already given. This will automatically show up in the Team Administration > Payments page.
- Leagues fees are due by the end of registration – September 2, 2022.

## Captain's Responsibilities

- **Registering & paying** for the team.
- **Inviting players** to their roster.
- Ensuring all team player **waivers** are completed online (or on paper and emailed to the OCVL for members under 18).
- **Ensuring setup** and take-down of the nets are completed, where applicable.
- **Entering line-ups** and roster on the score sheet. Pre-printed labels are preferred.
- Mandatory entry of win/loss and attendance. **Failure to do attendance will result in a fine** (\$25 – Player/Team Misconduct). Attendance is to be completed on both the scoresheet and online.
- It is recommended you **assign another player** the 'team administrator role' in the database, to assist with entry of win/loss and attendance.
- Taking home any OCVL equipment, where a facility will not permit storage.



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## Schedule

- There will be 22 weeks of regular season games and 3 weeks of playoffs.

<b>Week</b>	<b>Men's Division</b>	<b>Women's Division</b>
<b>1</b>	Monday, September 19, 2022	Tuesday, September 20, 2022
<b>2</b>	Monday, September 26, 2022	Tuesday, September 27, 2022
<b>3</b>	Monday, October 3, 2022	Tuesday, October 4, 2022
<b>4</b>	Monday, October 17, 2022	Tuesday, October 11, 2022
<b>5</b>	Monday, October 31, 2022	Tuesday, October 18, 2022
<b>6</b>	Monday, November 7, 2022	Tuesday, October 25, 2022
<b>7</b>	Monday, November 14, 2022	Tuesday, November 1, 2022
<b>8</b>	Monday, November 21, 2022	Tuesday, November 8, 2022
<b>9</b>	Monday, November 28, 2022	Tuesday, November 15, 2022
<b>10</b>	Monday, December 5, 2022	Tuesday, November 22, 2022
<b>11</b>	Monday, December 12, 2022	Tuesday, November 29, 2022
<b>12</b>	Monday, December 19, 2022	Tuesday, December 6, 2022
<b>13</b>	Monday, January 9, 2023	Tuesday, January 10, 2023
<b>14</b>	Monday, January 16, 2023	Tuesday, January 17, 2023
<b>15</b>	Monday, January 23, 2023	Tuesday, January 24, 2023
<b>16</b>	Monday, January 30, 2023	Tuesday, January 31, 2023
<b>17</b>	Monday, February 6, 2023	Tuesday, February 7, 2023
<b>18</b>	Monday, February 13, 2023	Tuesday, February 14, 2023
<b>19</b>	Monday, February 27, 2023	Tuesday, February 21, 2023
<b>20</b>	Monday, March 6, 2023	Tuesday, February 28, 2023
<b>21</b>	Monday, March 20, 2023	Tuesday, March 7, 2023
<b>22</b>	Monday, March 27, 2023	Tuesday, March 21, 2023
<b>Quarters</b>	Monday, April 3, 2023	Tuesday, March 28, 2023
<b>Semis</b>	Monday, April 17, 2023	Tuesday, April 4, 2023
<b>Finals</b>	Monday, April 24, 2023	Tuesday, April 11, 2023



## Facilities

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We have not finalized the contracts with all facilities at this time. More details to follow.

Note, some of our facilities are not permitting us to keep any equipment on site or rent locker space. At these facilities, we ask that teams take our equipment home and return it the following week, ie. hockey bag and/or brief case.